



CLASS 2A SECTIONAL WRESTLING TOURNAMENT

SATURDAY, FEBRUARY 2, 2019

HOST: DECORAH HIGH SCHOOL

12:00 P.M.



TO: Wrestling Coaches and Athletic Directors
FROM: Adam Riley-Tournament Manager
RE: Sectional Wrestling Tournament Information

1. Official entries for the meet will occur via TrackWrestling. On **Sunday, January 27, 2019** all participating schools will receive an email from TrackWrestling with complete instructions on how to enter your wrestlers into the sectional tournament. Coaches will have until Thursday, January 31st at 6:00 PM to enter their wrestlers. Then, beginning at 6:00 PM Thursday until 11:00 PM, Friday, February 1st regular season head-to-head competition results will be entered. Also, included with this information is an information sheet that we would like completed and returned by Wednesday, January 30th at 12:00 PM with additional information on each wrestler. This information will be used for programs and be available for the seeding meeting and can be e-mailed to mary.herman@decorah.k12.ia.us.
2. Final entries, including changing any entries or the weight class at which wrestlers will weigh in, must be made with the tournament manager before the weigh ins begin. The declaration of the weight class in which each wrestler will compete must be made with the tournament manager before the last 285# wrestler steps off the scale. Coaches may verify entries privately with the tournament manager if they choose. The manager will then work make necessary changes with the tournament computer operator in TrackWrestling. Final selection of athletes competing in each weight class must be made by the conclusion of weigh ins per NFHS rule 4-5-6 and 10-2-1.
3. **WEIGH INS** will begin at 10:00 AM in the Wrestling Room. Three scales will be used for weigh-ins with 106 - 132, 138 - 160 and 170 - 285. Wrestlers will be allowed to check their weight before weigh ins at 9:00 AM.
4. Skin checks will be conducted prior to the start of weigh ins at 9:50 am by **Dr. James Ott**, the local dermatologist from Winneshiek Medical Center. If a wrestler has a suspect skin condition, the coach must present a properly signed IHSAA Wrestling Skin Condition Report form at the time of weigh ins indicating the condition is not communicable as of the date of the tournament. Per the IHSAA if a designated on site medical professional is available to rule on communicable skin conditions, he or she has the authority to rule on all skin conditions regardless of what the skin condition report form may state. Dr. Ott will be the tournament's on site medical professional for skin checks.
5. Locker room assignments: Girls PE Locker Room - Crestwood, New Hampton & North Fayette Valley; Boys PE Locker Room - Oelwein & Waukon.
6. Seeding Meeting at 10:15 A.M. in Coach/Worker Hospitality room. Please be on time. Please enter by going through the weight room.

7. **Dave Amdahl** will be in charge of the seeding meeting. - In order to keep the meeting as productive and timely as possible, it has been asked that Head Coaches be the only individuals allowed to speak during the seeding meeting. All assistants are asked to work through their head coaches if information is to be shared to allow for an efficient and productive meeting.
8. Criteria for the seeding meeting as stated by the IHSAA and NFHS will be:
The tournament management, and/or the head coaches as a group, should establish criteria for seeding prior to commencing the actual seeding meeting. If the coaches cannot agree on the number of wrestlers to seed, or who to seed, placement on the bracket for all wrestlers in the affected weight class(es) will be drawn by lot. There is no mandatory criteria for determining seed positions or the number of wrestlers to seed. Consideration should be given to following when determining seed placement:
- Varsity competition only;
 - Head-to-head competition;
 - Records against common opponents (byes do not count as a win);
 - Returning sectional, district, state champion or runner-up in the same weight class;
 - Seeding only winning records;
 - Seeding only those wrestlers who have wrestled a minimum number of matches;
 - Exceptional record against acknowledged strong opposition;
 - Best overall record.
9. At the conclusion of the seeding meeting the officials will talk with coaches. Please plan appropriately to meet with them at approximately 11:00 am.
10. Wrestling will begin at 12:00 P.M. **Doors to public will open at 11:00 A.M.**
11. Wrestling Sessions will follow the schedule below as recommended by the IHSAA and all weights will be wrestled to a true second place. One twenty-minute break will occur at a time determined by the meet manager. Please make sure all place winners 1st through 6th are available in team apparel for awards presentations.

SCHEDULE

1) First-round matches

2) Semifinals matches

BREAK

3) Championship finals and front-side consolation matches (losers of semi-finals) in each weight class will be wrestled simultaneously.

4) Fifth-place matches

BREAK - If needed

5) Consolation final matches for determining true second place, when needed.

6) All Awards Presented at Conclusion of Competition for the Day.

12. Admission will be \$6.00 for spectators.
13. Admittance at no charge will be allowed for the following as stated by the IHSAA: (Individuals must sign in at the pass gate at the cafeteria entrance)
- | | | |
|--------------------------------|---------------------|------------------------------|
| - 4 Coaches | - 14 Wrestlers | - Administrators and Spouses |
| - 6 Cheerleaders (in uniforms) | - 1 Cheer Chaperone | - 2 Team Managers |
14. An athletic trainer/physical therapist from Winneskiek Medical Center will be on duty the entire day.

15. No coolers will be allowed in the gym.
16. Our Hospitality Room will be located in Health Class room (D126 - please enter through weight room).
This is for coaches, tournament workers, officials, and administrators of the participating schools.
Upon arrival 4 team personnel will be given **wristbands** for admittance to hospitality room. (same room as the seeding meeting was held). Additional team personnel are asked to support our concession stand.
17. Cheer Hospitality Room will be located in Study Hall (D121). Reminder to all cheer coaches to go over rules provided by the IHSAA for all cheerleaders.
18. **There will be a seperate room for the bus drivers. (D124). The worker/coaches hospitality room will not be available for them.**
19. Programs will be printed after the seeding meeting. They will be sold in the cafeteria for \$1.00.
20. The Decorah Viking Athletic Booster Club will be offering a full concession stand throughout the day with food and beverages including pizza, chicken sandwiches, and hot dogs.
21. If you have any more questions, feel free to call me. My number at the high school is (563) 382-3643, home (563) 382-1352, or cell (563)-380-2738.

The logo for the Iowa High School Athletic Association (IHSAA) is centered on the page. It features a large, stylized outline of the state of Iowa in a light red color. Inside the outline, the letters "IHSAA" are written in a large, white, serif font with a blue outline. Below the state outline, the words "IOWA HIGH SCHOOL" and "ATHLETIC ASSOCIATION" are written in a white, sans-serif font, stacked on two lines.

IOWA HIGH SCHOOL
ATHLETIC ASSOCIATION

2019 Class 2A Sectional Wrestler Information

(for use in seeding meeting)

SCHOOL: _____

HEAD COACH: _____ **YEARS AS HEAD COACH:** _____

ASST. COACHES: _____

MANAGERS: (limit 2) _____

Weight	Name	Grade	2018-2019	Previous Years
			Overall Record	District Qualifier/ State Qualify/Placewinner
106	_____	_____	_____	_____
106	_____	_____	_____	_____
113	_____	_____	_____	_____
113	_____	_____	_____	_____
120	_____	_____	_____	_____
120	_____	_____	_____	_____
126	_____	_____	_____	_____
126	_____	_____	_____	_____
132	_____	_____	_____	_____
132	_____	_____	_____	_____
138	_____	_____	_____	_____
138	_____	_____	_____	_____
145	_____	_____	_____	_____
145	_____	_____	_____	_____
152	_____	_____	_____	_____
152	_____	_____	_____	_____
160	_____	_____	_____	_____
160	_____	_____	_____	_____
170	_____	_____	_____	_____
170	_____	_____	_____	_____
182	_____	_____	_____	_____
182	_____	_____	_____	_____
195	_____	_____	_____	_____
195	_____	_____	_____	_____
220	_____	_____	_____	_____
220	_____	_____	_____	_____
285	_____	_____	_____	_____
285	_____	_____	_____	_____

Please email or fax to Mary Herman at Decorah High School by Wednesday, January 30 at NOON

Email: mary.herman@decorah.k12.ia.us Decorah High School Fax Number: 563-382-3107