West High School

Pleasant Valley v. Lewis

Central



2901 Melrose Avenue - Iowa City, Iowa 52246-3605 - Telephone 319-688-1055 - Fax 319-688-1315

TO: Athletic Directors and Wrestling Coaches FROM: Craig Huegel, Athletic Director & Nate Moore, Varsity Head Coach RE: 28th Annual Tom Lepic Dual Wrestling Invite DATE: Saturday, January 11th, 2020 TIME: 9:00 AM

PARTICIPATING SCHOOLS:

Council Bluffs Lewis Central	Mediapolis
Fort Madison	IC West
Pleasant Valley	Waverly Shell-Rock

ENTRY FEE: \$100

FORMAT: Dual Meet Tournament, times approximate

-	<u>MAT 1</u>	<u>MAT 2</u>	<u>MAT 3</u>
9:00 AM	Fort Madison v. Pleasant Valley	IC West v. Mediapolis	Lewis Central v. Waverly Shell-Rock
10:20	Waverly Shell-Rock v.	IC West v. Lewis	Pleasant Valley v.
AM	Fort Madison	Central	Mediapolis
11:40	Mediapolis v. Lewis	Fort Madison v. IC	Pleasant Valley v. Waverly
PM	Central	West	Shell-Rock

Girls Dual: Waverly

Waverly Shell-Rock v.

~1:00pm BREAK

2:50 PM

Girls Exhibition Matches: Waverly Shell-Rock v. IC West

WestShell-Rock v. IC West**1:30 PM**Fort Madison v. Lewis
CentralIC West v. Pleasant
ValleyWaverly Shell-Rock v.
Mediapolis

In the case of a dual meet tie, winner will be determined by NFHS tie-breaking system.

IC West

Track Wrestling and Scoreboard Operators:

Mediapolis v.Fort

Madison

- 1. West will provide the clock operators for the scoreboards (2 at each table)
- First Team listed will be home and provide a mat aid to keep score on "Track Wrestling".
 Exception: When West is wrestling we will be the home team and provide the "Track Wrestling" worker. Note: Other home teams will have to log into their profile to generate the meet.
- 3. If you do not have a mat aide(manager, assistant coach, injured wrestler, etc.) to run TrackWrestling, please make us aware ASAP, so we can try to staff that position.



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- **AWARDS:** 16 Medals will be given to members of the Championship & Runner-up Teams. Team name engraved on Lepic Duals Plaque.
- **WEIGH-IN:** Weigh-ins will take place in the West High Wrestling Room at <u>8:00 a.m</u>. The building will open at 7:00 a.m. The 2 lb. growth allowance will be in effect as per IHSAA guidelines. (Example 106 may weigh 108, etc., if scratch weight has previously been made).
- **TRAINER:** Sheila Stiles, West High athletic trainer, will be on-site to assist with injuries.
- LINE-UPS: PROBABLE LINE-UPS DUE BY 12:00 P.M. THURSDAY, JANUARY 9, SO WE CAN PUT TOGETHER A PROGRAM. PLEASE EMAIL TO Dusterhoft.brianna@iowacityschools.org
- **CONCESSIONS:** Will be available all day. There will be a concession stand. Athletes are allowed to bring coolers provided they are small, personal coolers and kept in the locker room or student commons. No coolers allowed in the gym. No coolers, hot plates, griddles, roasters or large coolers brought in by spectators/parents will be allowed to prepare team meals.
- **HOSPITALITY:** A coaches and officials room will be set up for a light breakfast and for lunch during the break.
- ADMISSION: Adults \$6, Students(ages 5 and up) & Senior Citizens \$5. Spectators must enter the building from the north main gym entrance.
- **OFFICIALS:** Bruce Ennen, Mike Burke, Eric Jobgen and Shea Stamp

BUS AND VAN PARKING: Please unload all buses and vans, and drop off your teams behind the school. Park all vehicles behind the building parallel to our portable classrooms.

LOCKER ROOM ASSIGNMENTS(please keep valuables with you, not liable for lost or stolen items):

BOYS VARSITY-	Lewis Central, Fort Madison, IC West
SOUTH BOYS P.E	Waverly Shell-Rock, Pleasant Valley, Mediapolis

Questions? Call Craig Huegel, A.D. at 319-688-1055, or email at huegel.craig@iowacityschools.org