



# Central Wrestling Invitational

## Saturday, January 5, 2019

### Elkader, Iowa

Welcome to the 2019 Central Invitational Wrestling Tournament! Please see below for information regarding the tournament. If there are any questions please feel free to contact us at any time.

**Fee:** \$90 per team. \$15 per wrestler for girls division (or \$90 if 6 or more girls on team)

**Roster/Lineups:** You should have received an email from trackwrestling to sign up. Contact Joe Koehn if it did not come.

**Weigh-ins:** Wrestlers weigh-in starting at 8:00 am in the wrestling practice room. Weigh-ins for girls division will follow at approximately 8:30 am.

**Wrestling:** Wrestling starts at 10:00am. We will be using 2 mats.

**Locker Rooms:** A host will direct you to your assigned locker room. As you will be sharing a locker room, please secure any valuables.

**\*\*Coaches - please check your locker room when you leave to see that everything is in order and everything is taken home.**

**Towels:** Each team is to furnish its own towels.

**Admission:** Adults - \$5.00; Students (K-12) - \$4.00; 5 & Under - FREE. Admission is good for all day. Doors will open at 9:00 am to spectators and fans. Only school administrator and AD passes will be honored. Cheerleaders in uniform and their coach will also be admitted free. Conference Passes will NOT be honored. Please notify your people.

**Concession Stand:** A concession stand will be open throughout the day.

**Meal Passes:** Each team will receive 2 coaches meal tickets and 1 bus driver meal ticket that can be used in the concession stand during the day for one free meal.

**Inclement Weather:** We will be in contact with everyone should we need to cancel. The following media outlets will also be notified if a cancellation occurs. TV: KCRG, KGAN, KWWL. Radio: KCTN, KADR

## **Contact Information**

### **Head Wrestling Coach**

Joe Koehn

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### **Activities Director**

Trevor Hunt

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### **5-12 Principal**

Aaron Reinhart

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