

Coaches and Athletic Directors:

The Newman Cross Country Invitational will be held Tuesday, September 3rd, at Mercy Medical Center-West Campus. The registration table will be open at 3:45 pm and we encourage you to arrive early enough to allow your team to tour the course. The course will be pretty much the same as last year. We are asking spectators to use the south parking lot, and we will have signs and people to direct them to that lot. We are NOT to use the hospital bathrooms or enter the hospital.

****In an effort to be as efficient as possible, please submit a copy of your roster into the following link as we will be using the Wayzata timing system this year. <http://www.wayzatarresults.com/events/details/1747> Please have your rosters submitted by Aug 31th by 8 pm.

Entry Fee:

1. \$45 for girls which includes JV and Junior High.
2. \$45 for boys which includes JV and Junior High
3. \$6 per individual if team is not entered.

Please send your check in advance or deliver them the day of the meet!

The schedule will be as follows:

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|---------|---|
| 4:30 pm | Junior High; medals to the top ten in boys and girls. |
| 5:00 pm | Junior Varsity Girls; medals to the top 15 |
| 5:30 pm | Junior Varsity Boys; medals to the top 15 |
| 6:00 pm | Varsity Girls; medals to the top 20 |
| 6:30 pm | Varsity Boys; medals to the top 20 |

We will run ahead of schedule if possible. If weather is threatening later that night, we may reverse the JV and Varsity schedules.

Teams scheduled to participate:

Bishop Garrigan	Central Springs	Clear Lake	Forest City
Garner	Iowa Falls	Lake Mills	Northwood-Kensett
New Hampton	Newman	North Butler	North Iowa
Osage	Rockford	St. Ansgar	West Fork
West Hancock			

If you have any questions, please call Mike Schutt or Alex Bohl at 641-423-6939.

Reminder: Water is not provided but there will be a concession stand.

Mike Schutt, Cross County Coach, Alex Bohl, AD