



## Iowa Wrestling Coaches Officials Association Girls State 2021

The Iowa Wrestling Coaches and Officials Association is pleased to announce its third interscholastic Iowa High School Girls Wrestling Championships January 22nd - 23rd, 2021 at Xtream Arena, Coralville IA, hosted by the IWCOA, Waverly-Shell Rock, Iowa City West and Iowa City, City High.

**Weight classes:** 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 195, HWT

**Registration Cost:** \$25.00 per wrestler. **Please send checks to / or bring with**

IWCOA - Bob Murphy  
% Girls State Tournament  
304 South Wayne  
Manchester, Iowa 52057

**Athlete Registration:** Athletes must be registered into TrackWrestling, at the correct weight classes by Wednesday Jan 13th. ***Athletes will not be able to change weights past the Jan. 13th deadline.***

***There will be no requirement for previous girls tournament participation this year due to COVID.***

### **Team Scoring:**

- Team awards will be given for the top 3 teams.
- Team scoring will calculate the Top 12 scores (regardless of weight class) from the tournament for each team.

### **Awards:**

**Individual:** The IWCOA will recognize the top **8** wrestlers at each weight class as IWCOA Girls State Placewinners.

**Team:** The IWCOA will recognize a IWCOA Girls State Champion, Runner-up and Third Place team consisting of a maximum of (12) scoring wrestlers. The top 3 teams will receive a trophy.

**Tournament Directors:** Any questions should be sent to Bob Murphy and Eric Whitcome. **[bmurphy.wamac@gmail.com](mailto:bmurphy.wamac@gmail.com)** and **[eric.whitcome@wsr.k12.ia.us](mailto:eric.whitcome@wsr.k12.ia.us)**

**Head of Official:** Eric Eckerman [eckermane@gmail.com](mailto:eckermane@gmail.com)

**Media:** Media should contact Bob Murphy [bmurphy.wamac@gmail.com](mailto:bmurphy.wamac@gmail.com)



**Coaches:** *All coaches must be a certified coach, and approved by their school to coach in the event. The coach must be present to coach and be responsible for the girls entered.*

**Coaches Passes:** Each school district will be given up to 3 **bonafide coaches passes**. Coaches will need to check in to receive their passes upon arrival. Additional passes will cost \$20, and will need to be paid onsite.

**Head Coaches need to complete the Google Form for coaches that will receive a coaching band. You will need to provide their name and BOEE number by Wednesday Jan. 20th.**

**Managers/Team Personal:** Managers and other personnel will not be allowed matside. Managers will be expected to pay general admission and complete film/stats from the arena seating.

**Cheerleaders:** There will be NO cheerleaders allowed given the limited capacity of the event.

**Weather:** The Girls State Tournament will take place regardless of weather issues, so please make necessary travel arrangements to attend the tournament. If you are unable to attend please call Eric Whitcome ASAP for cancellations 319-415-3732.

**Warm Up Area:** There will be limited space in the hallways of the arena

**Athlete Food:** Athletes will be allowed to bring their own food and drink into the venue with them.

**Team Parking:** Team parking will be located at the neighboring hotels.

**Mat side:** At no time should spectators or team members be matside. Two coaches per school, two competitors and media are the only people allowed to be alongside a mat. This will also help allow everyone a chance to view the wrestling.

**COVID Mitigation: Masks are required for coaches, athletes and spectators. Athletes will not be required to wear masks during warmup and matches.**



# SPECTATOR GUIDE

**Admission:** \$15 per session / \$20 2-day pass

- Purchase is available Online or at the arena

**Spectator Gate:** Opens 1 hr. prior to wrestling for each session.

**Online Ticket Purchases: Available Friday Jan. 15th at Noon**

- Cost for the event is the same as purchasing onsite
- Online purchases will incur processing fees from Xtrema Arena, IWCOA has no ability to change these fees.

**Ticket Purchase:** [www.xtremaarena.com](http://www.xtremaarena.com)

**Parking:** Parking is free in the ramps and spectators will be given vouchers when they purchase their tickets at the door.

**Streaming:** Live streaming on Track Wrestling

**Girls State Apparel:** Fine Designs will be offering the IWCOA Girls State Apparel for the second year.

**Hotel Accommodations:** Wednesday Jan. 13th is the final day to reserve hotel rooms at the IWCOA Girls State Group Rate.

**Programs:** Event programs will be available for purchase.

## BAG POLICY

Xtrema Arena will implement a clear bag policy for all ticketed events. A clear 12" x 6" x 12" bag or smaller will be permitted as well as small clutch style purses or wallets. Patrons will be asked to return any bag that does not meet this criteria to their vehicle prior to entry. Diaper bags or medical bags are allowed to exceed that size limit, but will be searched. This policy is subject to change based on a show's request.

## MASKS

Masks are always required to be worn by guest while inside Xtrema Arena

## NO OUTSIDE FOOD OR BEVERAGE

No outside food or beverage may be brought into Xtrema Arena, all other prohibited items may be found on our Event Policies page (<https://xtremaarena.com/pages/event-policies-faq>)



## 2021 SEEDING INFORMATION

**Athlete Registration:** Athletes must be registered by Wednesday Jan. 13th by 6:00pm. Registration will be through TrackWrestling, and weights can not be changed following Wednesday's registration deadline.

**Records:** From Thursday Jan. 14th - Monday Jan. 18th until 6:00pm athlete records need to be updated in Track Wrestling.

**Head to Head:** Coaches are welcome to enter head to head information when it is available, but it is not necessary as Track will do that when we run the report for seeding.

**Seeding Criteria:** Seeding criteria will be pulled from TrackWrestling

**Seeding Committee:** Will be used to go over the TrackWrestling seeding results. The committee will consist of coaches and IWCOA members.

**Criteria:** The criteria used by TrackWrestling to determine seeds gives points to qualifiers based on the following factors, listed in order of their use. Criteria will be pulled from the OPC.

1. Head-to-head competition
2. Last year State Place
3. Common Opponent
4. Overall Record

*So essentially a girl will get a point over someone if they have any of the criteria. The most points they can get is however many girls are in the bracket.*



# **2021 IWCOA GIRLS STATE WRESTLING TOURNAMENT & WEIGH-IN SCHEDULE**

*January 22 - 23rd, 2021*

*Xtream Arena*

## **FRIDAY, JANUARY 22**

**SESSION 1** (8 mats) 1:30pm - Conclusion

**Weigh-in for Session 1: 11:30am** (Growth Allowance +1lbs)  
(Wrestle to the quarter-finals)

## **SATURDAY, JANUARY 23**

**SESSION 2** (8 mats) 10:00am - 2:00pm

**Weight Classes** (ALL WEIGHTS) (+2lbs consecutive day weigh-in)

**Weigh-in for Session 2: 8:00am**  
(Wrestle to placement matches)

**SESSION 3** (4 mats) 4:00pm - 6:00pm

**FINALS** (1st/3rd/5th/7th), IWCOA Awards (Individual, Team)



## Weigh-in Information & Procedure

### *XTREAM Arena*

Participants will **NOT** be allowed to change weight classes after the Jan. 13th registration deadline.

**Please notify Matt Shannon of any scratches ASAP**  
**(shannonwrestlingtournaments@gmail.com)**

**Weight Allowances:** 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 195, HWT

- **Scale Allowance:** Friday there will be a **+1 scale allowance for consecutive day weigh-ins and Saturday +2lbs. (All are eligible for this)**
- **Growth Allowance:** Eligible individuals can use their growth allowance

Weigh-ins will be conducted on the arena floor. Wrestlers should be in proper weigh-in attire while checking weight and during weigh-ins.

**Weigh-in Attire: 4-5-7 Note** – Clarified the appropriate weigh-in attire. Rationale: Wrestlers are now permitted to weigh-in wearing a legal uniform with suitable undergarments. This modification will simplify the weigh-in process by having all the competitors in the same area and can expedite the activity. Beside the legal uniform, the wrestlers may wear low-cut socks on the scale. The socks cannot be removed or added for fear that practice would affect the wrestler's weight loss or gain.