



JESUP COMMUNITY SCHOOLS
Athletic Department

Joe Smeins
Athletic Director
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To: Cross Country Coaches and Athletic Directors
Re: Jesup Cross Country Invitational on 9/25/18

Welcome to the 31st annual Jesup Cross Country Invitational. The meet will be held on Tuesday, September 25th at 4:15 p.m. at the Jesup Golf Course. Please note and review the information below. Joe Smeins is the meet director. If you have any questions, call (319)827-1700 ext.1207 or email at jsmeins@jesup.k12.ia.us

We will be charging admission of \$2/adult or student. Please inform your fans. No one is allowed in the clubhouse. The Jesup Golf and Country Club will have food and beverages for sale during the meet.

Bus Drivers: Please drop your athletes at course and move your bus to the gravel parking lot north of the school. If you bring a van please remain parked at the golf course. There will be transportation back to the meet for the bus driver if they wish. We are trying to provide as much parking as possible for the parents and fans. Thanks for helping.

All walking on the course should be done by 4:15.

The following schedule will be followed:

- 4:00 Fun Run (Grade K-6 – 1 mile)
- 4:15 MS Girls (grades 7-8 – 1.5 miles)
- 4:30 MS Boys (grades 7-8 – 1.5 miles)
- 4:45 Girls Varsity – Run 7 – Count 5
- 5:15 Boys – Varsity – Run 7 Count 5
- 5:40 Girls JV – Run unlimited
- 6:10 Boys JV – Run unlimited
- 6:45 – AWARDS CEREMONY – PATIO ON SOUTH SIDE OF CLUBHOUSE BY FINISH LINE.

Awards: Varsity – Top three teams and top 20 finishers will medal

Varsity – Medals 2-20 will be passed out in the chute at the finish of the race.

Champions will be given medals at awards ceremony with top three team finishers.

JV – 25 ribbons. Ribbons will be passed out, in the chute, at the finish of the race. Top 20 finishers in the middle school races will get ribbons. .

Teams invited: Alburnett, Aplington-Parkersburg, Benton, Center Point-Urbana, Central-Elkader, Denver, Dike-New Hartford, Don Bosco, Dunkerton, East Buchanan, Ed-Co, Grundy Center, Hudson, Isaac Newton Christian Academy, Jesup, Kee of Lansing, MFL Mar-Mac, Maquoketa Valley, New Hampton, Newman Catholic, North Fayette Valley, North-Linn, Oelwein, Independence, St.Pats (MS only), Starmont, Tripoli, Union, Wapsie Valley, and Waverly-Shell Rock.

Entry Fee: \$40.00 for high school boys and \$40.00 for high school girls. **\$1 for each middle school runner.** MS runners will be timed by the head timer. Team results will be available following the meet. Individual results will be mailed or emailed the following day.

We look forward to seeing you at the golf course on September 25th!

Joe Smeins, Athletic Director
Nick Green, Cross Country Coach