Crazy Weather NFV CROSS COUNTRY

Last minute race

DATE: Thursday, October 4th, 2018

LOCATION: NFV High School Campus

ENTRIES: Entry form from Jason Drucker (XC racing)

HS Runner entries: unlimited entries scoring top 5 Varsity, no JV scoring. MS Runner entries unlimited, scoring 5. All Coaches - please limit runners

to those who can run a sub 28-min race.

SCHEDULE: 4:00 MS Boys and Girls

4:30 HS Girls 5:00 HS Boys

COURSE: Middle School - measured 2.1 Miles

Varsity/JV - 3.1 Miles

SCORING: Top five runners score for each team. Must have 5 for a team score.

AWARDS: There will be verbal recognition but no physical awards

RESULTS: Results are auto-timed and will be available post race and online TBD based upon # of teams entering and if timer is found and hired.

Teams that will be participating include:

Lake Mills, Decorah, Nashua-Plainfield, Waukon, NFV, Charles City, Sumner-Fred, Riceville ????WSR, Hudson and South Winn

Thanks!

Ron Imoehl and Ardel McCartney

