# Crazy Weather NFV CROSS COUNTRY <br> Last minute race 

DATE: Thursday, October 4th, 2018
LOCATION: NFV High School Campus
ENTRIES: Entry form from Jason Drucker (XC racing)
HS Runner entries: unlimited entries scoring top 5 Varsity, no JV scoring. MS Runner entries unlimited, scoring 5. All Coaches - please limit runners to those who can run a sub 28 -min race.

SCHEDULE: 4:00 MS Boys and Girls
4:30 HS Girls
5:00 HS Boys
COURSE: Middle School - measured 2.1 Miles
Varsity/JV - 3.1 Miles
SCORING: Top five runners score for each team. Must have 5 for a team score.
AWARDS: There will be verbal recognition but no physical awards
RESULTS: Results are auto-timed and will be available post race and online
ENTRY FEE: TBD based upon \# of teams entering and if timer is found and hired.

## Teams that will be participating include:

Lake Mills, Decorah, Nashua-Plainfield, Waukon, NFV, Charles City, Sumner-Fred, Riceville ????WSR, Hudson and South Winn

Thanks!
Ron Imoehl and Ardel McCartney


